



A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE



WEEKLY CONNECTION WITH GARY OLSEN

This May is the 60th anniversary of celebrating Older Americans Month, which is a great time to celebrate the many contributions of our seniors. I was given the opportunity to speak at Mount View's kickoff event for celebrating Older Americans Month. The best part of that event was listening to KT Country play all the old country music songs that I grew up with and still love. I am personally grateful for all the older people I have had the opportunity to get to know in my lifetime. These relationships have helped mold me

into who I am today. The knowledge and experiences I have learned from taking the time to sit and talk to older friends and family members has been inspirational for me. I love the stories they share with me about their life experiences, and I have learned so much from these stories.

This month, let us take the time to show appreciation for our older loved ones and neighbors. Let us recognize their unique perspectives, wisdom, and valuable life experiences. We owe it to our seniors to ensure they can age with dignity and respect, and that their voices are heard. This should be very important to each of us here at NCHC due to the fact that one of our Core Values is Dignity and providing excellent service with acceptance and respect to every individual we serve and work with.

I have been very impressed with how all our employees treat those we serve with dignity. I have personally witnessed individuals showing deep respect and care to our elderly clients. Thank you for all each of you do to help make our older clients and residents lives a little better. So, for the month of May let's make Older Americans Month a time of reflection and action, as we work together to build a brighter future for all generations.

Gary D. Olsen

Gary Olsen
Executive Director



REMINDER: PLEASE FINISH YOUR UKG LEARNING MODULES!

The Code of Conduct module assigned in UKG Learning is due by all staff on May 17. We are hoping for a 100% completion rate. Please take time to log into UKG Learning and finish your module today!

Mount View Variety Show and Brat Fry..... 2

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Person-Centered

Shout out



Laura Reed, Dietary Services

Thank you so much for helping me with my day – you are a rock star!

From: Patty Ziegel



Occurrence Reporting Hotline

x4488 or 715.848.4488



Only significant or sentinel events requiring immediate notification to this hotline.



AGING UNBOUND: MAY 2023

The month of May marks a celebration of all Older Americans. This year's theme is: Aging Unbound. As we age, we hold true to our life's interests and pursuits. What we love and enjoy remains constant, but how we do them may look a little different. As we age, we continue to celebrate LIFE and living! Join us for 2 fun events open to all staff and residents (below).

Our month of dedicated events and celebrations will end on Wednesday, May 31 with the sharing of resident Legacy stories, cake, laughter, and fun. We hope that you will consider celebrating our Older Americans throughout the month of May.

Join Us for 2 Great Events!

Variety Show!

&

Brat Fry!



Tuesday, May 23

10:00 am in the Community Room at Mount View

If you have a special talent that you would like to perform or share, please reach out to Melissa Stockwell at x5104 or mstockwell@norcen.org

Tuesday, May 30

10:30 am – 1:00 pm at Mount View Courtyard

Proceeds will go towards the Walk to End Alzheimer's



Celebrating *Employee Milestones*



We would like to honor these employees who celebrated their milestone anniversary in the 1st Quarter of 2023. Let us all take a moment to express our heartfelt gratitude and admiration for these employees and their remarkable achievements and loyalty. Their relentless pursuit of excellence has not only contributed to their personal growth but has also helped elevate North Central Health Care to new heights. Thank you for all you do for NCHC, for those we serve and for our communities.



- Troy Stelzer**Community Treatment Adult
- Lynn Wengelski**Human Resources
- Sheri Lawrence**Adult Behavior Health Hospital
- Jamie Clark**.....Patient Access Services
- Anna Lyn Thielman**Mount View
- Megan Arrowood**Mount View
- Kayla Erdman**.....Community Treatment Adult

- Nick Heitman**Crisis
- Gladys Lim**.....Mount View
- Breanna Pagel**.....Community Treatment Adult
- Jennifer Staeven**Community Treatment Youth
- Julie Rasmussen**Residential
- Laura Lor**.....Mount View
- Mandy Sikorski**.....Outpatient



- Jessica Kluck**Residential
- JoBeth Wistein**Pine Crest
- Audra Bohman**.....Adult Day Services



- Caitlin Jeske**Adult Crisis Stabilization Facility
- Kevin Nelson**.....Mount View



- Shannon Butler**Pine Crest
- Heather Busko**.....Residential
- Christine Seidler**.....Community Treatment Adult
- Joelyn Walters**.....Mount View
- Alice Heglund**Pine Crest



- Julie Peterson**.....Patient Access Services

Congratulations!



PHOTOS OF THE WEEK

MOVING DAY FOR 2 SOUTH

Thank You Team!

Last week Wednesday was moving day for our residents on 2 North at Mount View Care Center. The residents had a down the hall move to 2 South on the 2nd floor of Suite A. Here is a sneak peek of their new home while 2 North is getting renovations this summer!

Thank you to all the employees and facilities staff who assisted with moves. The residents are getting to know their new digs and check out the views from the 2nd floor on the other side of the building.



Larger open spaces for nurses station and for residents.



Spa room



Ramp area connecting to new Mount View Tower building



Sunporch on 2 South with views of Lake Wausau.



Hallways have new wood look flooring with new ceilings and light fixtures.





MVCC: SUITE A FIRST FLOOR HALLWAY & ELEVATOR ACCESS CLOSED TO/FROM TOWER DOOR 1 ENTRANCE AND ELEVATOR TO 2 NORTH TO REMAIN OPEN

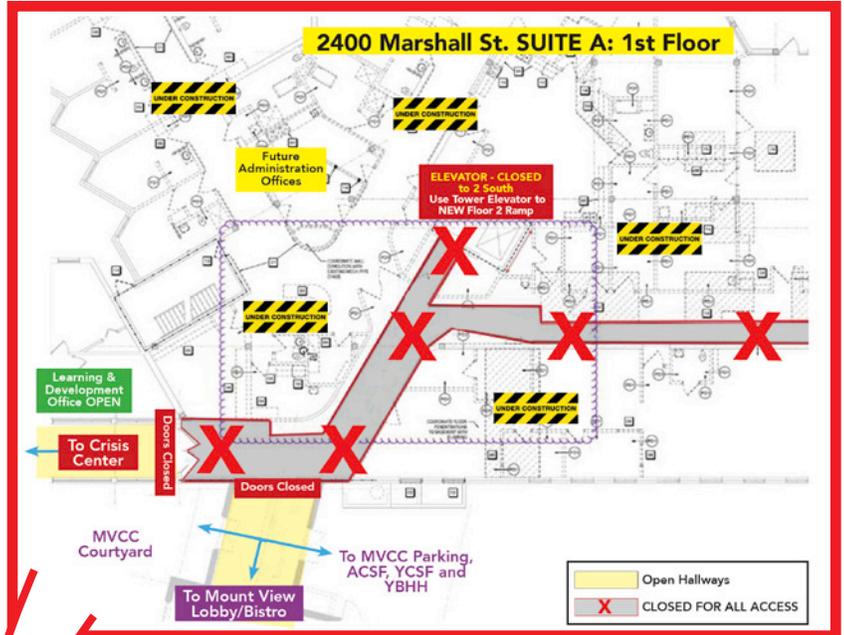
Effective May 10, 2023

Beginning May 10, construction crews will be closing down 1st floor access to the hallway connecting Suite A and Suite B, as well as the South Elevator in Suite A (Old MVCC). Additionally, all residents in 2 North were relocated to 2 South. 2 North will be closed for renovations, however Door #1 will remain open to allow visitors to access the 2 North Elevator to see residents in 2 South.

Make sure you take a walk and pre-plan your access across the Campus. This will help with emergency response times and rainy-day movement between buildings.

VISITORS to 2 South: The front door of Suite A (Door 1) will remain open during visiting hours (7 am – 7 pm M-F and 10am – 6 pm on weekends/holidays) for staff, visitors and residents. Please use the 2 North elevator to enter and exit 2 South.

EMPLOYEE EMERGENCY RESPONSE: Employees may walk outside through MVCC Courtyard to cross the Campus. Employees may also walk through Employee Cafeteria via hallway access and in/out MVCC Main entrance. There will be no access through the double doors at the stairwell past the Physical Therapy Center or near Learning & Development in Link Hallway. To access 2 South on second floor of MVCC, you may use Door #1 and use the 2 North Elevator OR Enter the main MVCC entrance at Door #5 and use ramp on 2nd floor connecting Floor 2 of Tower and 2South.



- A** NCHC Main Campus Entrance (Door 23)
- B** Administration Offices
- C** Outpatient Services / Day Treatment
- D** Community Treatment (Main Office)
- E** Aquatic Therapy Center (Suite C)
- F** Marathon County Health Department
- G** Employee Health & Wellness Center
- H** Social Services
- I** Mount View Care Center Main Entrance (Suite B - All Visitors Entrance)
- J** The Bistro & Gift Shop
- K** MVCC Administration Offices
- L** Physical Therapy Center
- M** Community Room
- N** Mount View Courtyard
- O** Volunteer Services
- P** Suite A: Door 1 - Elevator Open to 2 South
- R** 1st Floor (Under Construction) CLOSED
2 South (2nd Floor - Enter At Door 1: Suite A or Door 5 - Use elevator)
2 North (2nd Floor - Construction - CLOSED)
- S** Adult Behavioral Health Hospital (Floor 1)
- T** Crisis Center (Door 58)
- U** Adult Crisis Stabilization (2370 Marshall)
- V** Youth Crisis Stabilization (2370 Marshall)
- W** Youth Behavioral Health Hospital (2380 Marshall)
- @** Human Resources
- Ⓢ** Purchasing
- \$** Cashier
- Rx** Pharmacy
- ☺** Employee Cafeteria





For Your Health!

Free Skin Cancer Screening

Melanoma is the most fatal form of skin cancer in the United States. Anyone can get skin cancer, but it is more common in people who are light skinned, have a history of sunburns, a family history or over age 50. But if found early, skin cancer can be treated with removal only before it has spread to other areas of the body.



Tuesday, May 9 | 8:00 - 11:00 am
Thursday, May 11 | 2:00 - 6:00 pm
Tuesday, May 16 | 8:00 - 11:00 am
Thursday, May 18 | 2:00 - 6:00 pm

Appointments required

If not able to make these specific days, skin cancer screenings can still be scheduled at the Employee Health & Wellness Center for a date and time that is convenient.

Employee Health & Wellness Center

1000 Lake View Drive, Door 34
Wausau, WI 54403

715.843.1256



BH 340A

North Central Health Care and Aspirus Women's Health have teamed up to offer your annual mammogram right onsite!

July 13, 2023

appointment is required



3D mammography is available and covered by North Central Health Care's Health plan benefits.

- Note: You will need 3D CPT codes: screening mammogram 77067 and 77063

For an appointment, call Aspirus Central Scheduling at 866.672.5133. Tell them you want a North Central Health Care appointment. An order from your health care provider is not needed.

You will be asked to provide:

- The name of your physician or nurse practitioner to receive results
- Insurance information
- The location(s) of your prior mammograms



W08 054p (1.7.23)

FREE FILM VIEWING OPPORTUNITY

Brought to You By: Marathon County AOD Partnership & Nicotine Prevention Alliance of Central WI

SCREENAGERS UNDER THE INFLUENCE
A film about how the tech revolution has reshaped adolescence and its effects on substance use.

ADDRESSING VAPING, DRUGS & ALCOHOL IN THE DIGITAL AGE

WHEN: View Any Time June 4 – June 17

WHERE: On Demand | Register for Free [HERE](#) or Scan QR Code

AUDIENCE: Anyone May Attend, Including Youth 6th Grade & Up With Parents

SCREENAGERS UNDER THE INFLUENCE Addressing Vaping, Drugs, and Alcohol in the Digital Age

The third feature documentary in the Screenagers trilogy, delves into how the tech revolution has reshaped adolescence and its effects on substance use. Watch the trailer: <https://www.youtube.com/watch?v=dR7uxuFqatY>

The film debunks myths and depicts strategies parents and schools can use to encourage healthy decision-making, support teen mental health, set limits, and create healthy home environments. The film also includes many ways young people are using their wisdom and strength to help each other and themselves through this complicated terrain around substance use.

While most documentaries about substance use focus on severe addiction, *Screenagers Under The Influence* fills a pressing need for a film that explores more common scenarios. The film is grounded in teens' current reality of being flooded by images on social media, movies, and TV shows about vaping, drugs, and alcohol.

Like the first two Screenagers films, *Screenagers Under The Influence* interweaves cutting-edge science with personal stories to create an informative and entertaining film experience for young people and adults alike. *Screenagers Under The Influence* focuses on practical solutions for keeping our teens safe in a changing world.

Register online to view for FREE June 4 - 17 at <https://www.eventcombo.com/e/screenagers-under-the-influence-presented-by-marathon-county-68146>



HRinsights

Position Postings

Title: Personal Care Worker

Status: Full Time

Location: Wausau Supported Apartments and Group Homes

The Personal Care Worker is responsible for the general operation of a group home/supported apartment settings for adults with developmental disabilities and/or chronic mental illness.

Shifts Available:

PM Shift 2 PM - 10 PM

NOC Shift 10 PM - 6 AM

Apply Online: <https://bit.ly/PCW-2023>

Several Opportunities Available for Personal Care Positions and Shifts!

Not sure if its the right fit? Check out the Realistic Job Preview at www.norcen.org/RJP



Let's talk retirement

WISCONSIN DEFERRED COMPENSATION PROGRAM

Talk with a Retirement Plan Advisor about the WDC Program!

Meeting with your WDC Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found at https://nc_wisconsin.timetap.com/#/.

Next meeting:

Individual Retirement Readiness Review with Shawn Bresnahan

**Wausau Campus, Iris Room in Outpatient Services
Tuesday, May 23rd 2023 • 10am-3pm
1100 Lake View Drive
Wausau, WI 54403**

Register Online at https://nc_wisconsin.timetap.com/

What to bring to your one-on-one meeting once enrolled:

- Wisconsin Retirement System statement
- Social Security statement
- Other retirement account information
- Current paycheck stub (if applicable)



Marathon County
Employees Credit Union



**Wishing You a Very Happy Mother's Day
From All of Us at MCECU!**

www.mcecu.org
715 261-7680
400 East Thomas Street
Wausau, WI 54403



GABBIN' with GARY

A Monthly Gab Session with Executive Director, Gary Olsen

MAY GAB SESSION: CRISIS SERVICES

Each month, Gary Olsen will select a manager to participate in Gabbin' with Gary! That manager will be asked to invite one employee from their program to join in.

The trio will connect over lunch.

The topic? *It's up to you!*

Inspired by Core Values & Committed to Person-Centered Service!

Can You Help Our Community Treatment Youth Program?



The NCHC Community Treatment Youth Skill Development Groups are in need of recreation items this summer!

We are looking for any donations of recreation equipment for:

- Tennis*
- Fishing*
- Baseball
- Disc golf, etc.



*Tennis and fishing equipment are in biggest demand.

Donations can be dropped off in the Wausau Campus Community Treatment Office by Wanda McCarthy at Door #24.



NERD ALERT

WEEKLY TECH TIPS FROM IMS

TIP: THE PURPOSE OF USING E-SIGNATURE (E-SIG)

PURPOSE: Use E-sig for signing as the best workflow with Cerner

ORACLE Cerner



What is an E-signature?

An electronic signature, or e-signature, is used to sign documents electronically, eliminating the need for paper documents. An e-signature can be used on medical, legal, contractual agreements, invoices, financing documentation, and more.

Why is this relevant at NCHC?

When a consent form is not filled out electronically for Cerner, the paper copy is scanned and filed into the patient's chart by Health Information Management (HIM). We ask that you take the time to have patients sign consents in Cerner electronically using the E-Sign application for the following reasons:

- NCHC is paying skilled HIM experts to manually copy consents back into the Cerner system.
- Once scanned, documents must be organized to the correct patient and type, which takes time and creates more room for error.
- The use of paper and ink for consents in Cerner is wasteful.

STAY TUNED FOR FUTURE TIPS!

<https://www.unitedwaymc.org/community-data>

2023 LIFE Report Release



Tara Draeger
LIFE Report Chair and Director of System Community Health at Aspirus Health will give an overview of the 2023 LIFE Report Calls to Action.



Paul Schmitz
CEO of Leading Inside Out will walk through the approach of "Everyone Leads: Building the Culture for Collective Impact."

Thursday June 1st

8:00am: Check in & networking
8:30am: Forum begins



UWSP at Wausau Center for Civic Engagement Theatre

REGISTER >>>



AN END TO FEDERAL HEALTH EMERGENCY

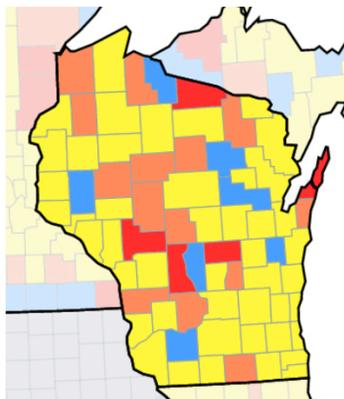
What Does That Mean for NCHC Employees and Those We Serve?

As you may know, the Covid-19 Federal Health Emergency (FHE) is ended on Thursday, May 11, 2023. As we transition to post-covid operations, we have implemented a team that is addressing changes and updates to policies and procedures because of the FHE ending. Covid-19 prevention and precaution will continue to remain a high priority for our organization. Our future communications may have a slightly different look, but we will continue to communicate regularly regarding healthcare precautions.

One thing that will not change: Please do not come to work when you are ill or experiencing signs of illness. Report your symptoms to your manager immediately. Managers will continue to report employee illness through SafetyZone for tracking in Employee Health. Return to work guidelines will continue to be provided by your manager and Employee Health. Stay tuned for additional information coming via our communication channels related to the conclusion of the FHE.

Thank you for all your work. These last 3+ years have been challenging for us all, especially our direct staff and those we serve. Your service is appreciated, and we all look forward to brighter, healthier days for our communities.

CURRENT TRANSMISSION LEVELS BY COUNTY | MAY 10, 2023



MARATHON



Moderate

LINCOLN



Substantial

LANGLADE



Low

Based on your county's transmission levels noted above, please take the following actions for your county of service:



High

All Nursing Home and Hospital Locations (Adult & Youth):

Staff, visitors and patients are **REQUIRED** to wear masks at all times in all areas including hallways, waiting rooms and meetings that include residents or patients.

Non-Nursing Home and Non-Hospital Locations:

Face masks are **RECOMMENDED**, but **not required** by staff, patients and visitors, **except** for when social distancing cannot be maintained in private offices, therapy rooms, exam rooms and while transporting any patient, client or resident in a personal or NCHC vehicle.

All Staff at ALL locations may remove masks while working alone in private offices, employee-only access areas and in areas prohibited to patients or residents, like staff-only meeting rooms, offices or lounges.

OR



Substantial

Moderate

Low

- **Surgical face masks or face coverings are NOT REQUIRED at any NCHC locations at these Levels.**

* Employees will follow all Covid-19 Confirmed/Suspected Precautions posted in all units or patient/resident rooms.

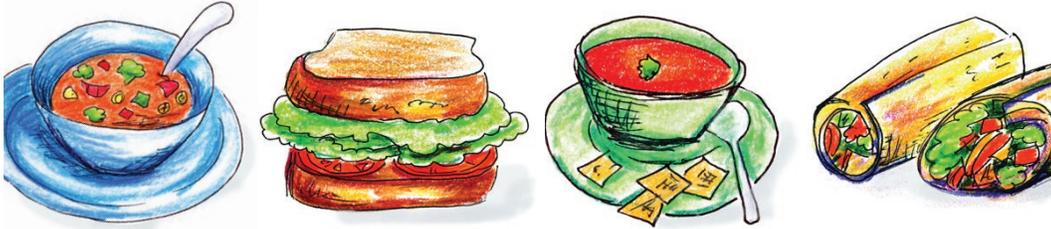
* All units and program areas under **outbreak precautions** will continue to require masks until out of outbreak. Follow all outbreak signage posted within unit or facility.

Employees experiencing any signs of illness are required to REPORT TO MANAGER IMMEDIATELY. STAY HOME if you are experiencing any signs of illness.



WHAT'S FOR LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA



Due to recent cost increases with food, some items in the Bistro and the Wausau Campus Café will be increasing in cost.

BREAKFAST HOURS

9 AM – 11 AM

LUNCH HOURS

MONDAY – FRIDAY

11:30 AM – 1:30 PM

HOT FOOD BAR \$.45/OUNCE
(Weekdays Only)

GRAB-N-GO HOURS

MONDAY – FRIDAY

9 AM – 5:30 PM

WEEKENDS:

GRAB-N-GO ONLY

MAY 15 – 19, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Saucy Chicken & Pasta Buttered Peas Garlic Toast	BBQ Beef on a Bun Buttered Diced Potatoes Green Beans	Ham Steak Baked Sweet Potato Cauliflower	Salisbury Steak Mashed Potatoes Gravy Steamed Rutabagas	Tilapia with Sour Cream Dill Sauce Baked Potato Mixed Veggies
SOUP	White Bean & Sausage Soup	TBD	Cheddar Baked Potato Soup	TBD	Garden Vegetable Soup
DESSERT	Funfetti Blondie	Seasonal Fruit	Glazed Lemon Cake	Mandarin Oranges	Strawberry Poke Cake

MAY 22 – 26, 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Bratwurst on a Bun Potato Salad Seasoned Peas	Honey Mustard Chicken Rice Pilaf Pickled Beets	Pork Loin with Gravy O'Brien Potatoes Mixed Veggies	Macaroni 'n Cheese with Ham Green Beans	Homemade Chili Cheddar Biscuit Sweet Pepper Slaw
SOUP	TBD	TBD	Chicken Rice Soup	TBD	Cream of Broccoli Soup
DESSERT	Diced Watermelon	Frosted Chocolate Cake	Strawberry Yogurt Pie	Fruit Cobbler	Fruit Cup



THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM
HOT FOOD AVAILABLE UNTIL 2:30PM

PANINI OF THE WEEK



CHICKEN BACON RANCH

CHICKEN | PROVOLONE | SPINACH
BACON RANCH DRESSING

LATTE OF THE WEEK



White Cow Latte

**\$1 OFF LARGE
LATTES EVERY
MONDAY!**

Ice Cream

- ICE CREAM CONE1.00
- ROOT BEER FLOAT2.00



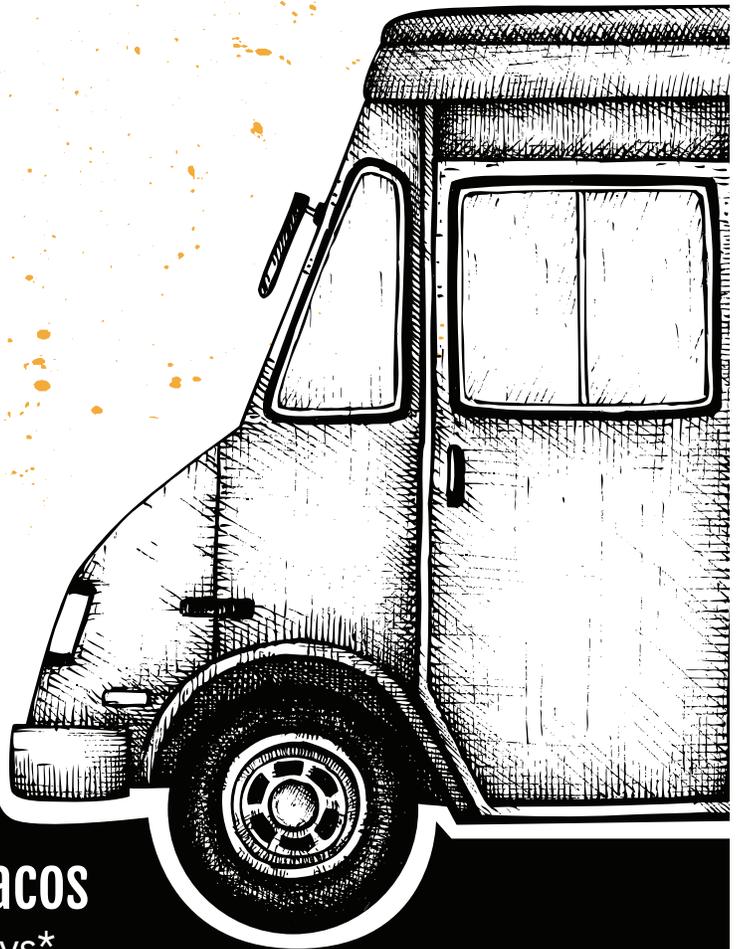
LUNCH

- PANINI COMBO (1/2 PANINI, CHIPS, WATER)5.00
- TURKEY BACON GUAC PANINI6.00
- TURKEY BACON GUAC WRAP5.75
- 3 CHEESE PANINI (ADD CHICKEN FOR \$1)3.50
- GRILLED HAM & CHEESE PANINI 4.50
- GARLIC BACON PANINI 5.00
- CHICKEN BACON RANCH WRAP5.25
- CHEESE QUESADILLA (ADD CHICKEN FOR \$1)4.50
- CALZONE 4.50/5.00
- CHEF SALAD/CHICKEN SALAD5.50

**Please note: All sales subject to Sales Tax.*



WAUSAU CAMPUS **SUMMER** FOOD TRUCKS



Mitch's Texas Tacos
Weekly on Thursdays*
May 18 through August 31

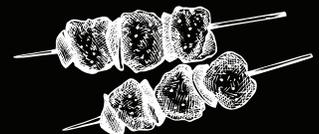
HANUMAN EXPRESS

Monthly on Fridays*
May 19 • June 23 • July 21 • Aug 18



10:30 am to 1:30 pm

Mount View Care Center
Entrance



* Dates are subject to change. Watch for notices via email and NYCU.